



North Central State College

MASTER SYLLABUS

2026-2027

- A. Academic Division: Health Sciences
- B. Discipline: Baccalaureate of Science Nursing
- C. Course Number and Title: RNUR3020 Health Assessment and Promotion
- D. Assistant Dean: Dr. Jason Tucker, Ph.D.
- E. Credit Hours: 4
- F. Pre-requisite(s): Acceptance into the BSN program
- G. Last Course/Curriculum Revision Date: Fall 2023 Origin date: 8/21/2022
- H. Textbook(s) Title:
- I. Workbook(s) and/or Lab Manual:
- J. Course Description: This course reviews and further develops the fundamental skills for meaningful communication and assessment skills needed to draw inferences from collected data and identify health promotion interventions for health issues. Specific skills for the nurse to communicate attention to the 'whole' patient and conveying a sense of true caring will be discussed, practiced, and evaluated.
- K. College-Wide Learning Outcomes:

College-Wide Learning Outcome	Assessments - - How it is met & When it is met
Communication – Written	
Communication – Speech	
Intercultural Knowledge and Competence	
Critical Thinking	
Information Literacy	
Quantitative Literacy	

- L. Course Outcomes and Assessment Methods:

Upon successful completion of this course, the student shall:

Outcomes	Assessments – How it is met & When it is met
1. Identify the historical changes in health care related to health assessment and promotion.	Discussion board, midterm exam.
2. Describe the components of a holistic approach to health assessment and promotion.	Discussion board.

Outcomes	Assessments – How it is met & When it is met
3. Identify your own baseline in terms of the areas of health assessment including comprehensive and focused physical, behavioral, psychological, spiritual, socioeconomic and environmental health and illness parameters.	Reflection journal.
4. Plan a personal health analysis for yourself.	Reflection journal.
5. Outline the barriers to patient acceptance of health promotion.	Health promotion change poster presentation.
6. Create a health promotion plan.	Health promotion case study.
7. Synthesize best practices in health promotion to target a specific health issue.	Health promotion change poster presentation, final exam.

M. Recommended Grading Scale:

NUMERIC	GRADE	POINTS	DEFINITION
93–100	A	4.00	Superior
90–92	A-	3.67	Superior
87–89	B+	3.33	Above Average
83–86	B	3.00	Above Average
80–82	B-	2.67	Above Average
77–79	C+	2.33	Average
73–76	C	2.00	Average
70–72	C-	1.67	Average
67–69	D+	1.33	Below Average
63–66	D	1.00	Below Average
60–62	D-	0.67	Below Average
00--59	F	0.00	Failure

N. College Procedures/Policies:

North Central State College believes that every student is a valued and equal member of the community.* Every student brings different experiences to the College, and all are important in enriching academic life and developing greater understanding and appreciation of one another. Therefore, NC State College creates an inclusive culture in which students feel comfortable sharing their experiences. Discrimination and prejudice have no place on the campus, and the College takes any complaint in this regard seriously. Students encountering aspects of the instruction that result in barriers to their sense of being included and respected should contact the instructor, assistant dean, or dean without fear of reprisal.

- *Inclusive of race, color, religion, gender, gender identity or expression, national origin (ancestry), military status (past, present or future), disability, age (40 years or older), status as a parent during pregnancy and immediately after the birth of a child, status as a parent of a young child, status as a foster parent, genetic information, or sexual orientation*

Important information regarding College Procedures and Policies can be found on the syllabus supplement located at

<https://ncstatecollege.edu/documents/President/PoliciesProcedures/PolicyManual/Final%20PDFs/14-081b.pdf>



North Central State College
SYLLABUS ADDENDUM

Academic Division:	Health Sciences	Discipline:	Baccalaureate
Course Coordinator:	Dr. Laura Gilmore, DNP, RN		
Course Number:	RNUR 3020	Course Title:	Health Assess and Promotion
Semester / Session:	Fall 2026 / Session A	Start / End Date:	08/17/2026 thru 10/09/2026

Instructor Information

Name:	Sara Woodruff, MSN, RN, CNE		
Phone Number:	419-755-4538	E-Mail Address:	swoodruff@ncstatecollege.edu
Office Location:	HS 228	Office Hours:	By appointment

I. Topical Timeline / Course Calendar (Subject to Change):

Weeks	Topics
1	History of Health Assessment and Promotion
2	Holistic Nursing Care
3	Holistic Physiology
4	Barriers to Health Promotion
5	Health Promotion and Health Intervention Planning
6	Nursing Role In Health Assessment and Promotion
7	Evidence Based Practice in Health Promotion
8	Evidence Based Project

II. Grading and Testing Guidelines:

Assignments are weighted by points assigned to them.

Final Grade Calculation will be based on grades received for the following:

1. Quizzes
2. Papers
3. Discussion Boards
4. Mid-term assignment
6. Final project

Grading Scale

Numeric	Grade	Points
93-100	A	4.00
90-92	A-	3.67
87-89	B+	3.33
83-86	B	3.00
80-82	B-	2.67
77-79	C+	2.33
73-76	C	2.00
70-72	C-	1.67
67-69	D+	1.33
63-66	D	1.00
60-62	D-	0.67
00-59	F	0.00

III. Examination Policy:

Course Number: RNUR3020
Semester / Session: Fall 2026

Course Title: Health Assessment and Promotion
Start / End Date: 08/17/2026 thru 10/09/2026

1. The reasons for which a student will be excused from taking an examination or turning in an assignment late:
 - a. Hospitalization (with documented verification)
 - b. Death in the immediate family (with documented verification)
 - c. Personal illness or illness in immediate family - (doctor's excuse required).
2. A student who misses an examination or assignment is responsible for contacting the instructor to discuss making up the work.
3. No makeup opportunity will be given if the student does not contact the instructor within 24 hours of missing the assignment due date.

IV. Class Attendance and Homework Make-Up Policy:

1. Class attendance is necessary to acquire the knowledge required to:
 - a. Complete quizzes, research papers, projects
 - b. Participate in discussion boards
2. Students are responsible for:
 - a. Contacting their instructor if there are extenuating circumstances that do not allow the student to complete their assignments on time.

V. Classroom Expectations:

1. Paper/Discussion board etiquette
 - a. Please be respectful, kind, and thoughtful with your responses or posts.
 - b. Please be professional.
 - c. Park the 'text' like writing or abbreviations at the door, and don't bring them into your writings with using 'lol,' icons, or pictures to describe something.
 - d. This is a college level class and is graded as a college level class.
 - e. Using all caps may be what some nurses do at work to chart, and other nurses use all lower case, but for discussions or papers, please use upper case and lower case where they should be for APA format.
 - f. Please be careful and watch your writing tone as it can be taken different ways online since we can't hear your tone.
 - g. Follow HIPPA!
 - h. Add to the discussion or paper...don't pad it with extra information to just make it longer