



North Central State College

MASTER SYLLABUS

2025-2026

- A. Academic Division: Health Sciences
- B. Discipline: Health Services Technology
- C. Course Number and Title: HLST1010 CPR/First Aid
- D. Assistant Dean: Heidi Kreglow, PT
- E. Credit Hours: 1
- F. Prerequisites: None
- G. Last Course/Curriculum Revision Date: Fall 2023 Origin date: 3/10/2011
- H. Textbook(s) Title:

Heartsaver First Aid Student Workbook

- Author(s): American Heart Association
- Copyright Year: 2021
- Edition: Latest
- ISBN #: 9781616698294

Basic Life Support (BLS) Providers Manual

- Author(s): American Heart Association
- Copyright Year: 2022
- Edition: Latest
- ISBN #: 9781616697686

- I. Workbook(s) and/or Lab Manual: None
- J. Course Description: A practical course in the care and handling of victims of common emergencies; i.e., transportation and household accidents, climate related emergencies. Areas include basic life support, victim assessment, shock, bleeding, bandaging, splinting, burns, poisoning, medical emergencies, rescue and moving victims, triage. Students will receive both Basic Life Support for Health Care Provider (CPR & AED) and Heart saver First Aid (Adult First Aid/Environmental Emergencies) cards from the American Heart Association.
- K. College-Wide Learning Outcomes:

College-Wide Learning Outcome	Assessments - - How it is met & When it is met
Communication – Written	
Communication – Speech	
Intercultural Knowledge and Competence	
Critical Thinking	
Information Literacy	
Quantitative Literacy	

L. Course Outcomes and Assessment Methods:

Upon successful completion of this course, the student shall:

Outcomes	Assessments – How it is met & When it is met
1. Explain in everyday language, legal points as they apply to giving emergency care. Discussion of the following: a. "The Good Samaritan Law." b. "The Prudent Man" theory of common law. c. "Abandonment." d. "Consent for Care."	Student demonstrations of legal point explanations, Presentation Rubric, weekly during the term
2. Correctly perform obstructed airway corrective procedures in the following situations: a. Adult conscious victim b. Adult unconscious c. Child conscious d. Child unconscious e. Infant conscious f. Infant unconscious	Using AHA guidelines skills check-off weekly during the term. AHA written examination during the term
3. Correctly perform basic cardiac life support/cardio pulmonary resuscitation (CPR) corrective procedures in the following situations: a. Adult Victim: Single Rescuer b. Adult Victim: Two-Rescuer c. Child Victim: Single Rescuer d. Child Victim: Two-Rescuer e. Infant Victim: Single Rescuer	Using AHA guidelines, demonstration to instructor weekly during the term. AHA written examination weekly during the term
4. Critical First Aid/Trauma Skills a. Correctly perform a primary trauma survey. b. Correctly perform a secondary trauma survey. c. Successfully demonstrate the control of severe bleeding using direct pressure or a pressure dressing while wearing protective gloves. d. Demonstrate various bandage wraps using gauze compress and bandage on any tapered body part while wearing protective gloves. e. Correctly open an airway with the A jaw-thrust@ maneuver while maintaining cervical spine control (in-line traction). f. Demonstrate proper skill in log-rolling a victim with a potential cervical spine injury. g. Identify two critical differences between symptoms of intoxication/ chemical abuse and diabetic emergencies.	Using AHA guidelines, demonstration to instructor weekly during the term. AHA written examination during the term

M. Recommended Grading Scale:

NUMERIC	GRADE	POINTS	DEFINITION
93–100	A	4.00	Superior
90–92	A-	3.67	Superior
87–89	B+	3.33	Above Average
83–86	B	3.00	Above Average
80–82	B-	2.67	Above Average
77–79	C+	2.33	Average
73–76	C	2.00	Average
70–72	C-	1.67	Below Average
67–69	D+	1.33	Below Average
63–66	D	1.00	Below Average
60–62	D-	0.67	Poor
00–59	F	0.00	Failure

N. College Procedures/Policies:

North Central State College believes that every student is a valued and equal member of the community.* Every student brings different experiences to the College, and all are important in enriching academic life and developing greater understanding and appreciation of one another. Therefore, NC State College creates an inclusive culture in which students feel comfortable sharing their experiences. Discrimination and prejudice have no place on the campus, and the College takes any complaint in this regard seriously. Students encountering aspects of the instruction that result in barriers to their sense of being included and respected should contact the instructor, assistant dean, or dean without fear of reprisal.

* *Inclusive of race, color, religion, gender, gender identity or expression, national origin (ancestry), military status (past, present or future), disability, age (40 years or older), status as a parent during pregnancy and immediately after the birth of a child, status as a parent of a young child, status as a foster parent, genetic information, or sexual orientation*

Important information regarding College Procedures and Policies can be found on the syllabus supplement located at

<https://ncstatecollege.edu/documents/President/PoliciesProcedures/PolicyManual/Final%20PDFs/14-081b.pdf>



North Central State College
SYLLABUS ADDENDUM

Academic Division:	Health Science	Discipline:	Health Services Technology
Course Coordinator:	Dulcey Wagner		
Course Number:	HLST1010	Course Title:	CPR/First Aid
Semester / Session:	Fall 2025 / Session A	Start / End Date:	8/11/2025 thru 10/3/2025

Instructor Information

Name:	Dulcey Wagner	Credentials:	MSN, BSN, RN, CEN
Phone Number:		E-Mail Address:	Dwagner2@ncstatecollege.edu
Office Location:	Hybrid (online with skills day)	Office Hours:	

I. Topical Timeline / Course Calendar (Subject to Change):

Weeks	Topics	Assignment	Due Date
1	Introductions and CPR	Introductions CPR Quiz	8/13 8/17
2	First Aid	Training Document Signature First Aid Question and Response	8/24 8/24
3	Legal Points	Legal Points Paper	8/31
4	AHA BLS	Heartcode BLS completion paper	9/7
5	AHA First Aid	Heartsaver First Aid completion paper	9/14
6	Presentations	Presentation	9/21
7	Stop the Bleed	Stop the Bleed Quiz	9/28
8	Evaluations	CPR/BLS eval First Aid eval Skills Attendance	10/1 10/1 10/1

II. Grading and Testing Guidelines:

Final Grade Calculation

Activity	Qty	Points	Percentage
Introductions	1	10	2
CPR Quiz	1	25	6
Training Document Signature	1	10	2
First Aid Question and Response	1	25	6
Legal Points Paper	1	45	11
Heartcode BLS completion paper	1	30	7
Heartsaver First Aid completion paper	1	30	7
Presentation	1	20	5

Course Number: HLST1010
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Stop the Bleed Quiz	1	20	5
CPR/BLS eval	1	5	1
First Aid eval	1	5	1
Skills Attendance	1	200	47
Total Points		425	100%