

Video Reflections- PTA

This is the alternative to observation hours for applications in 2021. You must review the video(s) listed and answer all the questions following on **three (3) of the seven (7) scenarios provided**.

#1 Recovering from a total knee replacement

Phase 1— <https://www.youtube.com/watch?v=BBAXDzXW-nc>

Phase 2-- <https://www.youtube.com/watch?v=sWDjyBmh2N4>

Phase 3-- <https://www.youtube.com/watch?v=ysaXsc3UY0s>

Phase 4-- <https://www.youtube.com/watch?v=0ChA291UHiw>

1. Why do people have total knee replacements?
2. Compare the phases of rehab in regards to goals of the phase, intensity of exercises, and types of exercises you observed.
3. What do you think the biggest challenges are as a PTA working with people after a total knee replacement?
4. What settings may you treat someone who has had a total knee replacement?

#2 DMC Rehabilitation Institute of Michigan

<https://www.youtube.com/watch?v=63C8dBqK5ls>

1. What are the different types of physical therapy offered at this clinical facility?
2. What different job roles do the therapists do along with treat patient?

3. List 4-5 different types of equipment or treatment interventions you saw in this video.
4. What are areas the areas of specialty at this clinic?
5. What is the partnership between the SMC Rehab Institute and The Summit?
6. Does the therapeutic relationship exist only during the time the patient is in PT?
7. What is the demographic of the patients at the clinic (ex—age, diagnoses, etc.)?
8. This is a smaller clinic as far as number of therapists. What are the positives to this? What would be the negatives?

#3 Amputation: Jim's Success Story

<https://www.youtube.com/watch?v=FVaC3c-Zc8A>

1. How did Jim's problem start?
2. Did he have an above knee amputation or a below knee amputation?
3. What are the goals the team had for Jim?
4. Has he met any of these goals?
5. What members of the interdisciplinary team did you meet during the video?
6. What is a prosthesis?
7. What mental health components are important to monitor for someone who has had an amputation?
8. What was the focus of his inpatient rehab compared to his outpatient PT?

#4 Inpatient Pediatric Rehabilitation

<https://www.youtube.com/watch?v=mF3Cx9z2vKI>

1. What members of the interdisciplinary team member were represented at the rehab center?
2. What types of interventions did you see the children go through from a PT perspective?
Other disciplines?

3. How is OT and PT different? How would you explain the difference to a patient? Would you explain it differently to a child versus an adult?
4. What do you think the challenges are when working in the pediatric setting?
5. What do you think some of the rewards would be when working in a pediatric setting?
6. How is this setting different than what you may see if you followed a school based PT or PTA?

#5 Jim's Story: Recovering from a Stroke

<https://www.youtube.com/watch?v=uHwygEqgTtc>

1. After Jim's stroke, what was his initial functional level?
2. What disciplines did you see in this video? What were their roles with Jim?
3. What was Jim's goal when he got to rehab?
4. What did the PT say the purpose of PT is?
5. Do you think the family support he had from his wife made a difference?

#6 Phyllis's story of recovery from the ICU

<http://www.youtube.com/watch?v=rAEjjcjob-Y>

1. What lines and tubes do you see Phyllis connected to in the beginning of the video?
2. Why do you think the therapists had to wear a gown and gloves (personal protective equipment)?
3. Describe how the physical therapy professionals progress her from being bedbound to walking.
4. What would be the greatest challenges working with someone like Phyllis?
5. What would be the greatest rewards in working with someone like Phyllis?
6. Describe the emotion you felt at the end of the video.

#7 Molly SCI pt. at RIC-Chicago

<https://www.youtube.com/watch?v=th4KMBJt0hM>

1. How did Molly get a spinal cord injury? How old was she at the time of her injury? What level was her injury and how did they describe it?
2. What odds did the doctors give Molly of recovery of movement?
3. What challenges are there for working with a teenager versus an adult with a spinal cord injury?
4. What device did the center have and what criteria did she need to use the device?
5. What are the benefits of the device compared to other similar walking devices used in therapy clinics?
6. What other treatment interventions did the therapists need to work with her on other than walking?
7. Describe Molly's motivation during this rehab process.
8. At what functional level did she leave the rehab facility?
9. How do you think the burden of care was for her family when she was discharged from the rehab facility?
10. How long did it take for Molly to become more independent with hygiene, walking, etc.?
11. What devices seemed to give her more independence, as shown at the end of the clip?