

A. <u>Academic Division</u>: Health Sciences

B. <u>Discipline</u>: Occupational Therapy Assistant

C. <u>Course Number and Title</u>: OTAP1021 Foundations II: Therapeutic Relationships

D. <u>Course Coordinator</u>: Cindy Cornell, OTR/L

Assistant Dean: Melinda Roepke, MSN, RN

#### **Instructor Information:**

Name: Click here to enter text.
Office Location: Click here to enter text.
Office Hours: Click here to enter text.
Phone Number: Click here to enter text.
E-Mail Address: Click here to enter text.

E. <u>Credit Hours</u>: 2

Lecture: 1 hour Laboratory: 3 hours

F. <u>Prerequisites:</u> Acceptance into the OTA Program

Co-requisite: OTAP1015m, OTAP1020m

- G. Syllabus Effective Date: Fall, 2020
- H. <u>Textbook(s) Title</u>:

Mental Health Concepts and Techniques for the Occupational Therapy Assistant

• Author: Mary Beth Early, M.S., OTR

Edition: 2008

• ISBN#: 978-0-7817-7839-8

Quick Reference Dictionary for Occupational Therapy (Purchased in OTAP-1015)

Author: Karen Jacobs and Laela Simon

• Edition: 6<sup>th</sup>

Copyright Year: 2014ISBN#: 9781617116469

I. <u>Workbook(s) and/or Lab Manual</u>: None

J. <u>Course Description</u>: This course provides an overview of the origins of psychiatric occupational therapy and the theoretical foundation of mental health practice. How the occupational therapy process is applied within the context of mental health practice is discussed. In addition, interpersonal relationships, therapeutic use of self and group roles and development are discussed. Students continue to build observation skills, interaction skills and practice leading and working within groups. Relationship to Curriculum Design: This course addresses the Occupational Performance, Client-Centered Practice,

Updated 11-15-2019 Page **1** of **4** 

Health, Wellness and Quality of Life, Communication Skills, Clinical Reasoning, and Professional and Ethical Behavior threads of the curriculum design.

## K. <u>College-Wide Learning Outcomes</u>:

College-Wide Learning Outcome	Assessments How it is met & When it is met
Communication: Written	
Communication: Speech	
Intercultural Knowledge and Competence	
Critical Thinking	
Information Literacy	
Quantitative Literacy	

 $ACOTE\ Standards\ (2018),\ Accreditation\ Council\ for\ Occupational\ Therapy\ Education\\ \underline{https://www.aota.org/-/media/Corporate/Files/EducationCareers/Accredit/StandardsReview/guide/2018-Standards-and-Interpretive-Guide.ashx}$ 

## L. <u>Course Outcomes and Assessment Methods</u>:

Upon successful completion of this course, the student shall:

Outcomes	Assessments – How it is met & When it is met
1. Describe the past, current and future roles of the OTA in mental health practice and what may influence these. ACOTE Standards: B.1.1., B.2.1., B.3.1	Unit tests during the first third of the term.
2. Identify & describe theories utilized in mental health	Unit tests, Individual written assignments
practice and the practice models that may be utilized by the occupational therapy practitioner across the lifespan.	throughout the term.
ACOTE Standards: B.1.1., B.2.1., B.3.2., B.3.4., B3.5	
3. Identify major mental disorders and the effect of each on occupational performance and how the occupational therapy process would be applied when working with these individuals.  ACOTE Standards: B.1.3., B.2.1., B.3.4., B.3.5., B.3.6.,	Unit tests during the middle portion of the term.
B.3.7., B.4.0., B.4.9	
<ol> <li>Apply the use of therapeutic use of self, including one's personality, insights, perceptions, and judgments as part of both individual and group interactions and within the context of client treatment.</li> <li>ACOTE Standards: B.4.1</li> </ol>	Lab skill performance checks (weeks 12-14), Group collaborative project (weeks 6-8).
<ol> <li>Describe group development and the dynamics of working within a group.</li> <li>ACOTE Standards: B.1.3</li> </ol>	Unit tests, Individual written assignments, Group collaborative project (weeks 6-8).
<ol> <li>Design group interventions that could be implemented within the occupational therapy process.</li> <li>ACOTE Standard: B.1.3</li> </ol>	Individual written assignments, Group collaborative project (weeks 6-8).
<ol> <li>Administer selected assessments using appropriate procedures and protocols (including standardized formats) and use occupation for the purpose of assessment.</li> <li>ACOTE Standard: B.4.24., B.4.24., B.4.26., B.4.29., B.4.4., B.4.5</li> </ol>	Lab skill performance checks (weeks 12-14)

Updated 11-15-2019 Page 2 of 4

Outcomes	Assessments – How it is met & When it is met
8. Identify factors that impact communication in interpersonal and supervisory relationships and can also identify methods to resolve conflicts within these relationships.  ACOTE: B.5.8	Unit tests the last 3 <sup>rd</sup> of the term.
9. Assist with management of occupational therapy services which includes the application of principles of management and systems in the provision of occupational therapy services to individuals and organizations: Demonstrate the ability to participate in the development, marketing, and management of service delivery options; participate in the documentation of ongoing processes for quality improvement and implement program changes as needed to ensure quality of services.  ACOTE Standard: B.5.6., B.5.7	Community Based Wellness and Prevention Projects: Backpack Awareness (weeks 4-6).

### M. <u>Topical Timeline (Subject to Change)</u>:

#### **Lecture:**

- 1. Course Introduction
- 2. History and theory of OT in mental health practice
- 3. Theory and Models of Practice
- 4. Context of Care
- 5. Interacting with others
- 6. The OT Process
- 7. Professional Interpersonal relationships

#### Lab:

- 1. Lab Introduction
- 2. Group Dynamics
- 3. The OT process
  - a. Evaluations
  - b. Psychosocial aspects of care

#### N. <u>Course Assignments</u>:

- 1. Unit tests
- 2. Individual written assignments
- 3. Lab skill performance checks
- 4. Community Based Wellness and Prevention Project
- 5. Group collaborative project

## O. <u>Recommended Grading Scale</u>:

NUMERIC	GRADE	POINTS	DEFINITION
93–100	A	4.00	Superior
90–92	A-	3.67	Superior
87–89	B+	3.33	Above Average
83–86	В	3.00	Above Average
80–82	B-	2.67	Above Average
77–79	C+	2.33	Average

Updated 11-15-2019 Page **3** of **4** 

73–76	C	2.00	Average	
70-72	C-	1.67	Below Average	
67–69	D+	1.33	Below Average	
63-66	D	1.00	Below Average	
60-62	D-	0.67	Poor	
00-59	F	0.00	Failure	

## P. <u>Grading and Testing Guidelines</u>:

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#### Q. <u>Examination Policy</u>:

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### R. <u>Class Attendance and Homework Make-Up Policy:</u>

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#### S. <u>Classroom Expectations</u>:

Click here to enter text.

# T. <u>College Procedures/Policies:</u>

Important information regarding College Procedures and Policies can be found on the <u>syllabus</u> <u>supplement</u> located at

https://sharept.ncstatecollege.edu/committees/1/curriculum/SiteAssets/SitePages/Home/SYLLABUS %20SUPPLEMENT.pdf

The information can also be found Choose an item.

Updated 11-15-2019 Page 4 of 4