

WHAT IS AN INTERNSHIP?

An internship is an on-site work experience that is either directly related to the student's major field of study or his or her career interest. It can be paid or unpaid and held either during the summer or during the academic year.

WHAT IS THE DIFFERENCE BETWEEN AN APPRENTICESHIP AND AN INTERNSHIP?

The main difference between an apprenticeship and an internship is that internships are typically not as focused. Interns are not required to work for the employer at the conclusion of the internship. An internship also offers students a chance to "test drive" a job or career to see if it is the right choice for them. Apprentices know which field they want to go into, and work with a master in that field to be trained and learn about the job.

WHAT ARE THE BENEFITS OF AN INTERNSHIP?

An internship gives students the opportunity to:

- 1. Gain valuable work experience before you graduate**
Receiving hands on experience is invaluable and cannot be obtained in a classroom setting. Learn specialized skills in a particular field as well as skills that can transfer to other positions such as communication, teamwork, and time management.
- 2. Explore a career path**
Exploring a career path is an important part of a college experience and a great way for you to get familiar with a certain industry. Completing an internship helps students decide if certain career paths are right for them.
- 3. Develop new skills and improve upon others**
Students can learn a lot about themselves during an internship experience. They will have the ability to learn not only what they enjoy about a work environment, but also what they dislike. Interns receive feedback from their supervisors, learning and growing in their desired career field.
- 4. Apply knowledge gained from coursework to on-the-job situations**
Completing an internship will give students the ability to apply the knowledge gained from your classroom work to on-the-job situations.
- 5. Reality-test tentative career choices**
Internships provide the opportunity to test out different jobs and careers before making a full-time commitment.
- 6. Meet, network, and establish contacts for professionals in the field**
In the professional world, sometimes it is all about whom you know. Internships provide a unique opportunity to meet and learn from professionals in their desired career field. These professionals can be great resources to help connect students to their first or next full-time job.
- 7. Potentially earn money for tuition and expenses**
Many internships are paid which means students can gain valuable work experience and make money at the same time. A paid internship can help pay your college expenses.



HOW DO I START THE PROCESS?

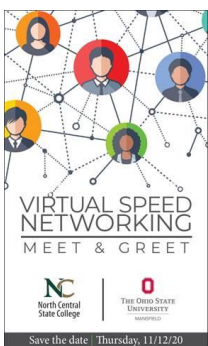
1. Make an appointment with Alicia, Internship Coordinator, by calling 419-755-4317.
2. Draft a resume, and send to Alicia at camak.3@osu.edu
3. Have an internship in mind already? Think about the search process.

HOW DO I FIND AN INTERNSHIP?

The most effective internship searches utilize a variety of different search strategies. Websites to search for internships include, but are not limited to:

- www.collegecentral.com/ncstatecollege
- www.indeed.com
- <https://jobseeker.ohiomeansjobs.monster.com>
- <https://communityopportunity.com>

If you have questions or would like to make an appointment to begin your internship search:
Contact Alicia Camak, Internship Coordinator, at camak.3@osu.edu or call 419-755-4052.



NETWORKING: MEET & GREET WITH EMPLOYERS FOR INTERNSHIPS, JOBS & CAREER INFORMATION

Searching for an internship, job, or interested in exploring careers? Meet, network, and connect with employers for internships, jobs, and career exploring.

Thursday, November 12, 2020
3:30 pm - 5:00 pm

Watch your student email for the registration link.

VIRTUAL RESUME WORKSHOPS

Work with career services staff on resumes!

- Tuesday, October 27
9:00 am – 12:00 pm
- Monday, November 2
1:30 pm – 4:30 pm
- Tuesday, November 10
11:00 am – 3:00 pm

To register, go to <https://go.osu.edu/resume-drop-in>

WHAT ARE SOFT SKILLS; WHY ARE THEY IMPORTANT, AND HOW DO YOU GAIN THEM?

Soft skills are personal habits and traits that shape how a person works, on their own or with others. Some examples of soft skills include problem-solving, dependability, integrity, teamwork, adaptability, effective communication, and leadership. It is true that employers will want to know what technical skills, education, and experience a person has obtained, but they also want to know things like how well that person works with others, or how well they can adapt when problems occur.

Let us consider the skill of solving problems. The ability to effectively solve problems is a skill that will not only help professionally, but also in many aspects of life. Many people have experienced a time in their lives when things have not gone as expected, and chances are they will experience this again at some point. When this happens, the choice is to complain to others or to take action in solving the problem. The better choice is to take action in solving the problem. At work, this can be done by approaching the boss with a solution instead of a problem, as this will show that employee can think on their feet. The way to accomplish this is to stop for a moment, consider the issue, and find possible solutions before bringing an issue to your boss. This is not just a skill that can be used at work; it can also be used in situations at home, school or in personal life.

Recent surveys have revealed that both employers and employees agree that soft skills are key to increasing value in both the individual and the organization for which they work. Now that is a "win-win"! To learn more about the importance of soft skills, and how to build upon them, contact Paula Waldruff, Career Pathway Coordinator, at pwaldruff@ncstatecollege.edu, or 419-755-4786.

SHARE YOUR COF SCHOLAR STORY

What are your plans? What are you doing today? What goals, successes and dreams do you have for your future? Share them with us at <https://ncstatecollege.edu/submit-your-story/>. You can upload a video or word document, and fill out your information so we can follow up if we have additional questions.