



North Central State College
MASTER SYLLABUS
2019-2020

- A. Academic Division: Liberal Arts
- B. Discipline: Criminal Justice
- C. Course Number and Title: CRMJ2090 Defensive Tactics
- D. Course Coordinator:
Assistant Dean: Dr. Steve Haynes

Instructor Information:

- Name: [Click here to enter text.](#)
- Office Location: [Click here to enter text.](#)
- Office Hours: [Click here to enter text.](#)
- Phone Number: [Click here to enter text.](#)
- E-Mail Address [Click here to enter text.](#)

- E. Credit Hours: 2
Lecture: 1 hour
Laboratory: 2 hours
- F. Prerequisites: None
- G. Syllabus Effective Date: Fall, 2019
- H. Textbook(s) Title: None
- I. Workbook(s) and/or Lab Manual: None
- J. Course Description: This course provides the student with the basic principles and tactics of unarmed self-defense and how to defend against physical attack, control aggressive behavior, and how to arrest/subdue an individual using the minimum amount of force. The course is graded pass (P) or no pass (NP). This is course 1 of 5 to meet CTAG articulation # CTBPO.
- K. College-Wide Learning Outcomes

College-Wide Learning Outcomes	Assessments - - How it is met & When it is met
Communication – Written	
Communication – Speech	Role Play Assignment; Oral Communication VALUE Rubric Week 14,15
Intercultural Knowledge and Competence	
Critical Thinking	
Information Literacy	
Quantitative Literacy	

L. Course Outcomes and Assessment Methods:

Upon successful completion of this course, the student shall: (any or all assessments can be conducted unless otherwise stated within the specific outcome.)

1. Demonstrate a proper interview stance which includes maintaining proper distance.	Demonstrations-Weeks 15,16 Role Play- Weeks 14,15
2. Demonstrate the proper verbalization techniques to be used before, during, and after a physical encounter.	Demonstrations-Weeks 15,16 Role Play- Weeks 14,15
3. Demonstrate the ability to protect the head, torso, and groin areas from punching, grabbing, and kicking attacks.	Demonstrations-Weeks 15,16
4. Provide a diagram(s) of the human body; identify the most vital areas of attack on the human body which could result in serious injury or death.	Worksheet; Weeks 14,14 Demonstrations-Weeks 15,16
5. Demonstrate the ability to strike and kick a target area.	Demonstrations-Weeks 15,16
6. Demonstrate the ability to apply control techniques and come-along holds.	Demonstrations-Weeks 15,16
7. Demonstrate the ability to place a suspect on the ground using take-downs or throws.	Demonstrations-Weeks 15,16
8. Demonstrate the ability to defend against an attack while lying in the prone position.	Demonstrations-Weeks 15,16
9. Demonstrate the ability to conduct a pat-down search and custodial arrest search.	Demonstrations-Weeks 15,16
10. Demonstrate the ability to properly handcuff suspects in the standing, kneeling, and prone positions, and to proper handcuff removal.	Demonstrations-Weeks 15,16
11. Demonstrate the ability to protect and maintain control of a weapon.	Demonstrations-Weeks 15,16
12. Demonstrate the ability to evade, counter, and disarm an attacker armed with a knife, club, gun, or other weapon.	Demonstrations-Weeks 15,16

M. Topical Timeline (Subject to Change):

1. Interview stance and verbalization
2. Blocking techniques
3. Striking techniques
4. Kicking techniques
5. Takedowns
6. Joint manipulations
7. Patdown and search techniques
8. Ground fighting
9. Handcuffing
10. Weapon defenses
11. Weapon Protection

Week One	Orientation, Interview Stance
Week Two	Interview Stance, Pressure Points
Week Three	Review, Pressure Points, Joint Manipulations
Week Four	Review, Joint Manipulations, Takedown
Week Five	Proficiency development
Week Six	Striking techniques
Week Seven	Review, Striking Techniques, Kicking Techniques
Week Eight	Review, Kicking Techniques, Blocking Techniques
Week Nine	Review, Ground Defense/Fighting
Week Ten	Review, Ground Defense/Fighting

Week Eleven	Proficiency Development
Week Twelve	Handcuffing, Pat down and searches
Week Thirteen	Review, Weapon Defense
Week Fourteen	Review, Weapon Protection
Week Fifteen	Final Demonstration, Worksheet
Week Sixteen	Wrap-up

N. Course Assignments:

1. Demonstration
2. Role Play
3. Worksheet

O. Recommended Grading Scale:

NUMERIC	GRADE	POINTS	DEFINITION
93-100	A	4.00	Superior
90-92	A-	3.67	Superior
87-89	B+	3.33	Above Average
83-86	B	3.00	Above Average
80-82	B-	2.67	Above Average
77-79	C+	2.33	Average
73-76	C	2.00	Average
70-72	C-	1.67	Below Average
67-69	D+	1.33	Below Average
63-66	D	1.00	Below Average
60-62	D-	0.67	Poor
00-59	F	0.00	Failure

P. Grading and Testing Guidelines:

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Q. Examination Policy:

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R. Class Attendance and Homework Make-Up Policy:

Click here to enter text.

S. Classroom Expectations:

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T. College Procedures/Policies:

Important information regarding College Procedures and Policies can be found on the [syllabus supplement](https://sharept.ncstatecollege.edu/committees/1/curriculum/SiteAssets/SitePages/Home/SYLLABUS%20SUPPLEMENT.pdf) located at <https://sharept.ncstatecollege.edu/committees/1/curriculum/SiteAssets/SitePages/Home/SYLLABUS%20SUPPLEMENT.pdf>

The information can also be found Choose an item.